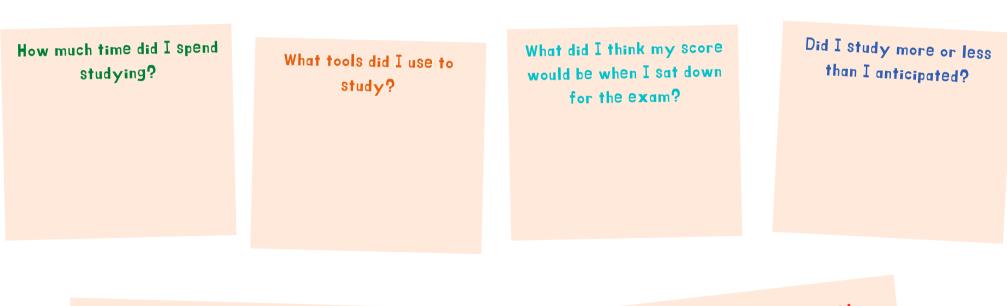
# EXAM WRAPPER PLANNING

Think of how you spent your time preparing for this exam or quiz. Use the below prompts to evaluate your metacognitive process and make a plan for next time.

### Subject:



What topic(s) was I most comfortable with when I sat down to take the exam?

What topic(s) was I least comfortable with when I sat down to take the exam?

## EXAM WRAPPER MONITORING

Think of how you spent your time preparing for this exam or quiz. Use the below prompts to evaluate your metacognitive process and make a plan for next time.

#### Subject:

How did I feel immediately following the exam?

After you completed the exam what did you anticipate your score to be?

How did you actual exam score compare to what you anticipated prior to and after taking the exam? What was your emotional response to your exam score?

## EXAM WRAPPER ADAPTING

Think of how you spent your time preparing for this exam or quiz. Use the below prompts to evaluate your metacognitive process and make a plan for next time.

#### Subject:

How can I adjust my study schedule to add or delete study time as needed?

What study tools worked well for me?

What study tools were not successful in my learning?

What study tools should I eliminate from my study routine? What study tools can I incorporate into my learning next time?